2024-2025 Old Dominion University Catalog
Bachelor of Science: Exercise Science-Scientific Foundations w/ VCCS Equivalencies

*Sample four year curriculum with a suggested ordering of courses based on placement into BIOL 121N/122N and MATH 162M or higher. Students may re-order as needed. * Indicates not automatically waived with transferrable associates degree, C or better required for transfer. Courses in green are waived by the completion of an Associate degree (Not eligible for Applied Associate degrees). AS in Health Science or Science recommended for ease of transfer.*

YEAR 1 - FRESHMAN (36 CREDITS)

FALL SEMESTER (16 credits)

SPRING SEMESTER (16 credits)

SUMMER SEMESTER (4 credits)

YEAR 2 - SOPHOMORE (30 CREDITS)

FALL SEMESTER (13 credits)

SPRING SEMESTER (13 credits)

SUMMER SEMESTER (4 credits)

YEAR 3 - JUNIOR (27 CREDITS)

FALL SEMESTER (13 credits)

SPRING SEMESTER (14 credits)

YEAR 4 - SENIOR (27 CREDITS)

FALL SEMESTER (13 credits)

SPRING SEMESTER (14 credits)

Major Declaration Requirements

GRADUATION REQUIREMENTS: